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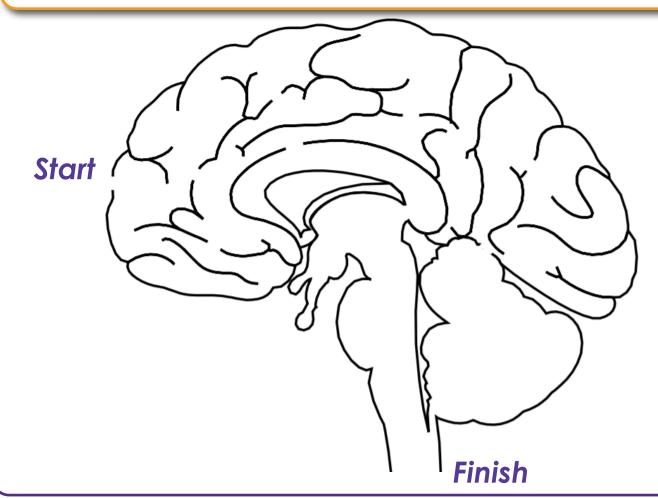
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Did you know that the Greek philosopher Hippocrates (460-377 BC) was the first person to think that epilepsy starts in the brain?

The neurons that communicate with the different parts of our brain sometimes misfire, or the messages get mixed up. Sometimes the brain might send messages that make the body do something it can't control. When this happens, a person will have what's called a seizure. Anyone can have one seizure, but someone that is living with epilepsy will experience two or more seizures.

Activity Directions: Having a seizure is a bit like getting confused in a maze, temporarily. Help the neurons in the brain find a clear path to send messages to the other parts of the body, by completing this maze below.











From today's workshop, do you remember when my neuron's sent mixed up messages to my brain?

Tell us what happened in the space below!